

WEEKLY BULLETIN FOR BLESSED TRINITY PARISH – February 14, 2024

POSTED MASS TIMES:	Wed. – Feb. 14th	ASH WEDNESDAY, St. Alphonsus 6:30 p.m. (Day of Fast and abstinence)
	Saturday – Feb. 17th	St. Anthony’s, Upham 4:00 p.m.
	Sunday – Feb. 18th	St. Alphonsus, Hampton 9:30 a.m. St. Bridget’s, Chapel Grove 11:30 a.m.
	Tuesday – Feb. 20th	Evening Liturgy 6:30 p.m. Rosary after Mass

KNOWLEDGE CAFE – Hampton Resource Centre (Fridays at 11:00 a.m. - noon):

February 16th – Nancy Drury, Owner/Operator of Nancy’s Tours will talk about their new 2024 calendar - many exciting bus day-tours and many overnight adventures to wonderful places in North America. The new 2024 calendar will be available.

March 1st – “Eating Well for Diabetes Prevention and Management”. Guest speaker: Martha MacLean of Horizon Health. Come learn more about good nutrition to support brain and body health.

Everyone is welcome. Refreshments are provided. If schools are cancelled due to the weather, the Knowledge Café is also cancelled.

CANADIAN MENTAL HEALTH ASSOCIATION (CMHA) SAINT JOHN OFFICE – Message from Dawn O'Dell, Community Program Coordinator:

Here is the current schedule regarding upcoming sessions along with the re-scheduled December session. The ***Making Wellness a Priority*** is a monthly series that addresses the 8-dimensions of wellness and helps individuals in achieving whole-person wellness.

📍 Tuesday, March 12 @ 230 PM - **Environmental Wellness** with Amy Cleveland from @ Cedarcrest Gardens;

📍 Tuesday, April 2 @ 230 PM - **Physical Wellness** with Diane O’Connor with @Rothesay Hive Walkie Talkies; and

📍 Tuesday, May 7 @ 230 PM - **Intellectual Wellness** with Daniela Fernandez with 211 New Brunswick / 211 Nouveau-Brunswick.

The ***Making Wellness a Priority*** sessions are held at the Kennebecasis Public Library. Invite a friend and to pre-register call (506) 652-1447. For more information: www.cmhanb.ca

EVENING PRAYER IN CARMEL CHAPEL (103 Burpee Avenue, Saint John) – Wednesday, February 28th. Evening starts at 6:00 p.m. with instrumental music by a local musician. Prayer ritual begins at 6:30 pm. **PARKING:** Both sides of Burpee Ave. and Rocmaura lot off Park Street. Weekday contact info: (506) 634-4970.

Last Wednesday of the month: Mar 27 * Apr 24 * May 29 * June 26

SAINT JOHN CHAPTER – NB RIGHT TO LIFE (NBRL): This Saturday, February 17th there will be a General Meeting at St. Mark's Church (171 Pettingill Rd., Quispamsis). Guest speakers: Heather Hughes, Executive Director NBRL and Ewart Kenney, President of the Board of Directors NBRL. Refreshments will be served; all are welcome. For more information call (506) 653-6828 or email sjrighttolife@gmail.com.

TAIZE EVENING OF PRAYER – Sunday, February 25th, at 6:30 p.m. (Storm date: Sunday March 3rd) at St. Alphonsus Church, Hampton (22 Church Street). Join us in an ecumenical prayer service, and make this a part of your Lenten journey. All are welcome.

For further information: Brenda Renaud at (506) 849-0125 (brendalee.renaud@gmail.com) or Blessed Trinity Parish Office (506) 832-3327.

COOKIES FOR ROMERO HOUSE – Last Friday of this month is February 23rd. Shelagh and Don. sincerely appreciate your help with their monthly "Cookies for Romero House" campaign. **ALL** donations gladly accepted. Contact Shelagh or Don. at (506) 943-3493.

2023 INCOME TAX RECEIPTS – Receipts are now available for **pick up** at either St. Anthony's, St. Alphonsus or St. Bridget's. If you prefer that I mail your receipt, just let me know.

Be safe
Wendy McGee,
Parish Secretary,
BLESSED TRINITY PARISH
(506) 832-3327 or stalphonsusparish@nb.aibn.com