

WEEKLY BULLETIN FOR BLESSED TRINITY PARISH – January 31, 2024

POSTED MASS TIMES:	Saturday – Feb. 3rd	St. Anthony’s, Upham	4:00 p.m.
	Sunday – Feb. 4th	St. Alphonsus, Hampton	9:30 a.m.
		St. Bridget’s, Chapel Grove	11:30 a.m.
	Tuesday – Feb. 6 & 13	NO TUESDAY EVENING MASS	
	Wed. – Feb. 14th	ASH WEDNESDAY, St. Alphonsus 6:30 p.m.	

KNOWLEDGE CAFE – Hampton Resource Centre (Fridays at 11:00 a.m. - noon):

February 2nd – Presentation on RRIF’S and associated tax planning that will aid you in understanding the best time to draw various investments. Guest speakers: George Logan and Dax Pattison of Pattison Financial Group.

February 16th – Nancy Drury, Owner/Operator of Nancy’s Tours will talk about their new 2024 calendar - many exciting bus day-tours and many overnight adventures to wonderful places in North America. The new 2024 calendar will be available.

March 1st – “Eating Well for Diabetes Prevention and Management”. Guest speaker: Martha MacLean of Horizon Health. Come learn more about good nutrition to support brain and body health.

Everyone is welcome. Refreshments are provided. If schools are cancelled due to the weather, the Knowledge Café is also cancelled.

SJ DIOCESE DEVELOPMENT AND PEACE - Caritas Canada Share Lent 2024 Workshop – (there is a change in the Zoom Link): This **Saturday, Feb. 3, 2024**, at Holy Family Church, Fredericton (1500 Hanwell Road) from **10:00 a.m. to 2:00 p.m.** - lunch provided, refreshments available throughout the day.

Theme: **Create Hope--Reaping Our Rights**

Presentation by: **Adah Ogbe**, Maritime Animator for Development and Peace

Members and non-members invited to attend in person. Virtual attendance is available via Zoom. You can **register to attend, in advance of this meeting**, by going to the link below:

https://us02web.zoom.us/meeting/register/tZEucuGhqjgvH9LsLjKZ_muZeeC7PR1HWEB3

SJ DIOCESE DEVELOPMENT AND PEACE cont.

After registering, you will receive a confirmation email containing information about joining the meeting.

CANADIAN MENTAL HEALTH ASSOCIATION (CMHA) SAINT JOHN OFFICE – Message from Dawn O'Dell, Community Program Coordinator:

Here is the current schedule regarding upcoming sessions along with the re-scheduled December session. The ***Making Wellness a Priority*** is a monthly series that addresses the 8-dimensions of wellness and helps individuals in achieving whole-person wellness.

📍 Tuesday, February 6 @ 230 PM - **Spiritual Wellness** with Dawn O'Dell from CMHA NB Saint John office;

📍 Tuesday, March 12 @ 230 PM - **Environmental Wellness** with Amy Cleveland from @ Cedarcrest Gardens;

📍 Tuesday, April 2 @ 230 PM - **Physical Wellness** with Diane O'Connor with @Rothesay Hive Walkie Talkies; and

📍 Tuesday, May 7 @ 230 PM - **Intellectual Wellness** with Daniela Fernandez with 211 New Brunswick / 211 Nouveau-Brunswick.

The ***Making Wellness a Priority*** sessions are held at the Kennebecasis Public Library. Invite a friend and to pre-register call (506) 652-1447. For more information: www.cmhanb.ca

EVENING PRAYER IN CARMEL CHAPEL (103 Burpee Avenue, Saint John) - Last Wednesday of each month, starting tonight, January 31st until June 26th, 2024. The evening starts at 6:00 p.m. with instrumental music by a local musician. Prayer ritual begins at 6:30 pm. **PARKING:** Both sides of Burpee Ave. and Rocmaura lot off Park Street. Weekday contact info: (506) 634-4970.

Jan. 31 * Feb 28 * Mar 27 * Apr 24 * May 29 * June 26

PANCAKES and all the trimmings, VILLA MADONNA RETREAT HOUSE, SHROVE TUESDAY Feb. 13th – Delicious homemade buttermilk pancakes and pure maple syrup, blueberry sauce, sausages, beans, brown bread, coffee or tea. Cost: \$12.00 adults, children 5 – 12 yrs. \$6.00 and children under 4, free. Family of four (2 adults + 2 children under 12): \$30.00.

Four sittings: 11:00 a.m., 12:15 p.m., 4:00 p.m. or 5:15 p.m.

Please call (506) 849-5125 to reserve.

SAINT JOHN CHAPTER – NB RIGHT TO LIFE (NBRL): On Saturday, February 17th there will be a General Meeting at St. Mark's Church (171 Pettingill Rd., Quispamsis). Guest speakers: Heather Hughes, Executive Director NBRL and Ewart Kenney, President of the Board of Directors NBRL. Refreshments will be served; all are welcome. For more information call (506) 653-6828 or email sjrighttolife@gmail.com.

2023 INCOME TAX RECEIPTS – Receipts are being prepared and will soon be available.

MILESTONE – Please join me in congratulating Doreen and Ed. Davidson on their upcoming 64th wedding anniversary.

Be safe

Wendy McGee,

Parish Secretary,

BLESSED TRINITY PARISH

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