## **Helping Hands for Ukraine**

Feeling like you want to help Ukrainian newcomers who will be arriving in our area? Helping Hands for Ukraine wants to hear from you!

can help with clothing:   For Children   For Adults   can help with meals or groceries:   On a one time basis   On a regular/rotational basis
For Children For Adults  I can help with meals or groceries: On a one time basis
For Adults  I can help with meals or groceries: On a one time basis
I can help with meals or groceries:  On a one time basis
On a one time basis
On a one time basis
On a regular/rotational basis
I can help with:
Donating aeroplan points or airmiles
Providing furniture or household items
Assisting with a move
Greeting at the airport
Child care
Renovations within a house or apartment
Assisting with learning English
Transportation
Finding employment
Monetary donation:
One time Monthly
l am interested in learning more about offering to host Ukrainian newcomers
I would like more information about the Helping Hands for Ukraine Committee