

## WEEKLY BULLETIN FOR BLESSED TRINITY PARISH – January 24, 2024

<b>POSTED MASS TIMES:</b>	<b>Saturday – Jan. 27<sup>th</sup></b>	<b>St. Anthony’s, Upham</b>	<b>4:00 p.m.</b>
	<b>Sunday – Jan. 28<sup>th</sup></b>	<b>St. Alphonsus, Hampton</b>	<b>9:30 a.m.</b>
		<b>St. Bridget’s, Chapel Grove</b>	<b>11:30 a.m.</b>
	<b>Tuesday – Jan. 30<sup>th</sup></b>	<b>St. Alphonsus, Hampton</b>	<b>6:30 p.m.</b>
		<b>Rosary, after Mass;</b>	

### **KNOWLEDGE CAFE – Hampton Resource Centre (Fridays at 11:00 a.m. - noon):**

February 2<sup>nd</sup> – Presentation on RRIF’S and associated tax planning that will aid you in understanding the best time to draw various investments. Guest speakers: George Logan and Dax Pattison of Pattison Financial Group.

February 16<sup>th</sup> – Nancy Drury, Owner/Operator of Nancy’s Tours will talk about their new 2024 calendar - many exciting bus day-tours and many overnight adventures to wonderful places in North America. The new 2024 calendar will be available.

March 1<sup>st</sup> – “Eating Well for Diabetes Prevention and Management”. Guest speaker: Martha MacLean of Horizon Health. Come learn more about good nutrition to support brain and body health.

Everyone is welcome. Refreshments are provided. If schools are cancelled due to the weather, the Knowledge Café is also cancelled.

**HAMPTON SENIORS RESOURCE CENTER – WELLNESS PROGRAMS:** Indoor winter walking, Tuesday, at noon. See poster on bulletin board for more information. Started on January 15<sup>th</sup>.

**REFUGEE SPONSORSHIP** – Just wanted to let you know the make-up of our new family, the HABTEMICAEL’s, arriving this Friday – dad and mom and four children!

Berhe (dad); Genet (mom); two male children Matiyas (6 yrs. old) and Adam (one month old) and two daughters Yadiel (5 yrs. old) and Lidiya (3 yrs. old). Karen Bethune will keep us posted on their progress.

**SJ DIOCESE DEVELOPMENT AND PEACE - Caritas Canada Share Lent 2024 Workshop – (there is a change in the Zoom Link):** On **Saturday, Feb. 3, 2024**, at Holy Family Church, Fredericton (1500 Hanwell Road) from **10:00 a.m. to 2:00 p.m.** - lunch provided, refreshments available throughout the day.

## SJ DIOCESE DEVELOPMENT AND PEACE cont.

Theme: **Create Hope--Reaping Our Rights**

Presentation by: **Adah Ogbe**, Maritime Animator for Development and Peace

Members and non-members invited to attend in person. Virtual attendance is available via Zoom. You can **register to attend, in advance of this meeting**, by going to the link below:

[https://us02web.zoom.us/meeting/register/tZEucuGhqjgvH9LsLJkZ\\_muZeeC7PR1HWEB3](https://us02web.zoom.us/meeting/register/tZEucuGhqjgvH9LsLJkZ_muZeeC7PR1HWEB3)

After registering, you will receive a confirmation email containing information about joining the meeting.

**SPECIAL COLLECTION, INDIGENOUS RECONCILIATION FUND (IRF)** – This weekend, the diocese will be taking up a special collection for the Indigenous Reconciliation Fund (yellow envelope). Monies collected will contribute towards the CCCB's five-year \$30-million National Campaign to support regional and local Indigenous healing and reconciliation initiatives. You may also contribute to this fundraising appeal at anytime on our website via cheque or email money transfer (<https://dioceseofsaintjohn.org/donations>). You can read more about the IRF's activities, including updates on 89 of over 130 projects that have been funded to date, on their newly-launched website, <https://irfund.ca/en/welcome/>. Please consult this website for additional resources: <https://dioceseofsaintjohn.org/indigenous-reconciliation-fund>.

**CANADIAN MENTAL HEALTH ASSOCIATION (CMHA) SAINT JOHN OFFICE** – Message from Dawn O'Dell, Community Program Coordinator:

Here is the current schedule regarding upcoming sessions along with the re-scheduled December session. The ***Making Wellness a Priority*** is a monthly series that addresses the 8-dimensions of wellness and helps individuals in achieving whole-person wellness.

📍 Tuesday, February 6 @ 230 PM - **Spiritual Wellness** with Dawn O'Dell from CMHA NB Saint John office;

📍 Tuesday, March 12 @ 230 PM - **Environmental Wellness** with Amy Cleveland from @ Cedarcrest Gardens;

📍 Tuesday, April 2 @ 230 PM - **Physical Wellness** with Diane O'Connor with @Rothesay Hive Walkie Talkies; and

📍 Tuesday, May 7 @ 230 PM - **Intellectual Wellness** with Daniela Fernandez with 211 New Brunswick / 211 Nouveau-Brunswick.

**(CMHA) SAINT JOHN OFFICE cont.**

The ***Making Wellness a Priority*** sessions are held at the Kennebecasis Public Library. Invite a friend and to pre-register call (506) 652-1447. For more information: [www.cmhanb.ca](http://www.cmhanb.ca)

**EVENING PRAYER IN CARMEL CHAPEL** (103 Burpee Avenue, Saint John) - Last Wednesday of each month, starting January 31<sup>st</sup> until June 26<sup>th</sup>, 2024. The evening starts at 6:00 p.m. with instrumental music by a local musician. Prayer ritual begins at 6:30 pm. **PARKING:** Both sides of Burpee Ave. and Rocmaura lot off Park Street. Weekday contact info: (506) 634-4970.

**Jan. 31 \* Feb 28 \* Mar 27 \* Apr 24 \* May 29 \* June 26**

**PANCAKES and all the trimmings, VILLA MADONNA RETREAT HOUSE, SHROVE TUESDAY Feb. 13th** – Delicious homemade buttermilk pancakes and pure maple syrup, blueberry sauce, sausages, beans, brown bread, coffee or tea. Cost: \$12.00 adults, children 5 – 12 yrs. \$6.00 and children under 4, free. Family of four (2 adults + 2 children under 12): \$30.00.

Four sittings: 11:00 a.m., 12:15 p.m., 4:00 p.m. or 5:15 p.m.

**Please call (506) 849-5125 to reserve.**

**2024 PARISH ENVELOPES** – You can now use your new envelopes😊. Please take a few minutes to ensure your contact info. is written on the front of the new envelopes for the next few weeks and remember to record, weekly, how much you have placed in the envelope. Some use the Initial Offering envelope and others do not. Your help is greatly appreciated seeing as this is the best way to ensure that your donations are properly assigned for income tax receipt purposes.

**MILESTONE** – Bernard Duplessis celebrated his birthday, this week. Happy birthday, Bernie.

Be safe

Wendy McGee,

Parish Secretary,

BLESSED TRINITY PARISH

(506) 832-3327 or [stalphonsusparish@nb.aibn.com](mailto:stalphonsusparish@nb.aibn.com)