

WEEKLY BULLETIN FOR BLESSED TRINITY PARISH – January 3, 2024

POSTED MASS TIMES:	Saturday – Jan. 6th	St. Anthony’s, Upham	4:00 p.m.
	Sunday – Jan. 7th	St. Alphonsus, Hampton	9:30 a.m.
		St. Bridget’s, Chapel Grove	11:30 a.m.
	Tuesday – Jan. 9th	St. Alphonsus, Hampton	6:30 p.m.
		Rosary, after Mass	7:00 p.m.

DISCIPLE MAKER INDEX (DMI) SURVEY : The Diocese has been promoting the DMI Survey for the past little while. Your responses will provide pastors with valuable information they can use to help plan for the future as they strive to be the best disciples they can be. In order to gain the greatest benefit from this endeavour, we are striving for the greatest participation rate possible. The online collection of data is now closed; however, **paper surveys are still available at St. Alphonsus**. The blank surveys are on the table to the right of the office door. Please complete ASAP. Once complete, you can place your completed survey in the mail box to the left of the office door or contact me in the office (506-832-3327). I will forward your information to the Catholic Leadership Institute. Time is of the essence. Please complete as soon as possible.

HAMPTON FOOD BASKET (HFB) – This is a message from Dee Dee Holland, Operations Manager for the HFB:

“Our Christmas campaign at the Hampton Food Basket was a great success. We provided food to **over 200 families** this year. We are extremely grateful for the generosity of our wonderful supporters at Blessed Trinity.

We anticipate a growing need in 2024, especially in the coming months. “Giving is not just about making a donation. It is about making a difference”. Thank you from the bottom of our hearts!”

KNOWLEDGE CAFE – Hampton Resource Centre (Fridays at 11:00 a.m. - noon):

Returning January 19th – What is the Food Purchasing Club? The Saint John Food Purchasing Club is a non-profit, volunteer-based organization that has been in operation since May, 1997. Their goal is to help members in our community stretch their food dollar by offering access to good quality vegetables and fruit at affordable prices. Guest speaker: Paulette Haines – Hampton Age Friendly Committee.

KNOWLEDGE CAFÉ cont.

February 2nd – Presentation on RRIF'S and associated tax planning that will aid you in understanding the best time to draw various investments. Guest speakers: George, Logan and Dax Pattison of Pattison Financial Group.

Everyone is welcome. Refreshments are provided. If schools are cancelled due to the weather, the Knowledge Café is also cancelled.

ANNUAL CATECHIST RETREAT – VILLA MADONNA: The 2024 Catechist Retreat is open for registrations. There are still a few spaces available but you must pre-register. This retreat is offered as an opportunity to parish coordinators and catechists as a time for personal and spirituality renewal. Retreat will run from Friday, January 26th to Sunday, January 28th, 2024. Weekend registration fee: \$260.00; Commuter fee: \$120.00. Facilitator: Jim Anderson. To register: <https://forms.office.com/r/qMfUY9BzAq>. See poster on bulletin board for more information.

COOKIES FOR ROMERO HOUSE – Last Friday of this month is January 26th. If you would like to help Shelagh and Don. Sherwood with their monthly “Cookies for Romero House” campaign, please call (506) 943-3493.

REFUGEE SPONSORSHIP – Just wanted to let you know that our new family, the HABTEMICAEL's, is arriving on January 26th – dad and mom and four children! Berhe (dad); Genet (mom); two male children Matiyas (6 yrs. old) and Adam (one month old) and two daughters Yadiel (5 yrs. old) and Lidiya (3 yrs. old). Karen Bethune will keep us posted on their progress.

CATHEDRAL RESTORATION EFFORTS – update: The most prominent symbol on the Saint John skyline is the Cathedral's bell tower. Bishop Riesbeck is encouraging you to prayerfully discern a generous personal donation towards the Cathedral restoration. Even as an Episcopal member of a Society of Apostolic Life the Bishop is already tithing voluntarily a significant portion of his salary to his Community and other charities. He has personally committed to a monthly donation of \$200 over a five-year period.

The Bishop is asking you to prayerfully consider gifts of a one-time or monthly donation (payable either by cheque, email money transfer or automatic withdrawal), multi-year pledge, securities, bequests, or life insurance, which are a tremendous blessing and will aid significantly in the success of these restoration efforts. If you have any questions, or if you know of any people or organizations/businesses that could potentially make a significant gift to the Cathedral restoration, our Finance Department would be happy to assist you. Please contact Kelly Hudson, Director of Finance and Administration, at:

khudson@dioceseofsaintjohn.org .

CANADIAN MENTAL HEALTH ASSOCIATION (CMHA) SAINT JOHN OFFICE – Message from Dawn O'Dell, Community Program Coordinator:

Happy New Year! Here is the current schedule regarding upcoming sessions along with the re-scheduled December session. The ***Making Wellness a Priority*** is a monthly series that addresses the 8-dimensions of wellness and helps individuals in achieving whole-person wellness.

📌 Tuesday, January 9 – Double header:

- 1:00 PM - **Financial Wellness** with Carley Parish and Joshua Adams from Lutz Parish Gerrish Barristers and Solicitors;
- 2:30 PM - **Occupational Wellness** with Madison O'Connor from The Work Room Career Resource Centres;

📌 Tuesday, February 6 @ 230 PM - **Spiritual Wellness** with Dawn O'Dell from CMHA NB Saint John office;

📌 Tuesday, March 12 @ 230 PM - **Environmental Wellness** with Amy Cleveland from @Cedarcrest Gardens;

📌 Tuesday, April 2 @ 230 PM - **Physical Wellness** with Diane O'Connor with @Rothesay Hive Walkie Talkies; and

📌 Tuesday, May 7 @ 230 PM - **Intellectual Wellness** with Daniela Fernandez with 211 New Brunswick / 211 Nouveau-Brunswick.

The ***Making Wellness a Priority*** sessions are held at the Kennebecasis Public Library. Invite a friend and to pre-register call (506) 652-1447. For more information: www.cmhanb.ca

CANADIAN DENTAL CARE PLAN – I have attached information regarding this new plan to the weekly parish email. I will also be placing a poster on the bulletin board.

HAMPTON SENIORS RESOURCE CENTER – WELLNESS PROGRAMS: Something new this year. Indoor winter walking starting Tuesday, Jan. 15th at noon. See poster on bulletin board for more information.

Be safe

Wendy McGee,

Parish Secretary,

BLESSED TRINITY PARISH

(506) 832-3327 or stalphonsusparish@nb.aibn.com