

WEEKLY BULLETIN FOR BLESSED TRINITY PARISH – February 28, 2024

POSTED MASS TIMES:	Saturday – Mar. 2nd	St. Anthony’s, Upham	4:00 p.m.
	Sunday – Mar. 3rd	St. Alphonsus, Hampton	9:30 a.m.
		St. Bridget’s, Chapel Grove	11:30 a.m.
	Tuesday – Mar. 5th	Evening Liturgy	6:30 p.m.
		Rosary after Mass	
	Wed., Mar. 13th	Reconciliation Service	6:30 p.m.
		St. Alphonsus, Hampton	

KNOWLEDGE CAFE – Hampton Resource Centre (Fridays at 11:00 a.m. - noon):

March 1st – “Eating Well for Diabetes Prevention and Management”. Guest speaker: Martha MacLean of Horizon Health. Come learn more about good nutrition to support brain and body health.

March 15th – The Age Friendly Committee has several initiative approved for action. They will provide an update and talk about the “8 Pillars”: transportation, housing, communication and information, respect and social inclusions, civic participation and employment, community support and health services and outdoor spaces and buildings. Guest speaker: an Age Friendly Committee representative.

Everyone is welcome. Refreshments are provided. If schools are cancelled due to the weather, the Knowledge Café is also cancelled.

CANADIAN MENTAL HEALTH ASSOCIATION (CMHA) SAINT JOHN OFFICE – Message from Dawn O'Dell, Community Program Coordinator:

Here is the current schedule regarding upcoming sessions along with the re-scheduled December session. The ***Making Wellness a Priority*** is a monthly series that addresses the 8-dimensions of wellness and helps individuals in achieving whole-person wellness.

📍 Tuesday, March 12 @ 230 PM - **Environmental Wellness** with Amy Cleveland from @ Cedarcrest Gardens;

📍 Tuesday, April 2 @ 230 PM - **Physical Wellness** with Diane O’Connor with @Rothesay Hive Walkie Talkies; and

CMHA SAINT JOHN OFFICE cont.

📍 Tuesday, May 7 @ 2:30 PM - **Intellectual Wellness** with Daniela Fernandez with 211 New Brunswick / 211 Nouveau-Brunswick.

The ***Making Wellness a Priority*** sessions are held at the Kennebecasis Public Library. Invite a friend and to pre-register call (506) 652-1447. For more information: www.cmhanb.ca

EVENING PRAYER IN CARMEL CHAPEL (103 Burpee Avenue, Saint John) – This evening, February 28th. Evening starts at 6:00 p.m. with instrumental music by a local musician. Prayer ritual begins at 6:30 pm. **PARKING:** Both sides of Burpee Ave. and Rocmaura lot off Park Street. Weekday contact info: (506) 634-4970.

Last Wednesday of the month: Mar 27 * Apr 24 * May 29 * June 26

CAMP SHELDRAKE - To help send some kids to camp, they are holding a raffle to give away a playhouse and a 50-50 draw. The grand prize is a furnished, wired and heated 12 foot by 16 foot playhouse complete with set of bunk beds, PlayStation 5, chair and 65-inch TV. Prize is valued at \$20,000. Second prize is a 50-50 draw. Tickets for both prizes are available on-line at rafflebox.ca/raffle/camp-sheldrake. Draw date: April 14, 2024.

Camp Sheldrake, located in Miramichi, NB, is a Catholic-based, not-for-profit organization that offers summer overnight and day camps to youth aged 6 to 17. Campers' days are filled with canoeing, swimming, archery, rock-wall climbing, nature adventure, zip-lining, arts & crafts and of course campfires! Camp experiences are based on Christian values and promote volunteerism, community service and social justice initiatives. Through play and group activities, Camp Sheldrake provides an atmosphere to inspire youth to be leaders today and tomorrow. Each summer, campers attend from across the Maritimes and other parts of Canada and the USA; many returning year after year. Camp Sheldrake is for campers from **all** faiths and denominations. For more information, visit campsheldrake.ca.

2023 INCOME TAX RECEIPTS – I have dispersed all the tax receipts for St. Anthony's and St. Alphonsus. If you are missing a receipt or have a question about the one you received, please contact Tara Worden at (506) 763-2149 or stbridgets@nb.aibn.com. Tara is the one with the record of your donations and prepared the receipts based on those records.

2023 FINANCIAL REPORT FOR ST. ALPHONSUS – There is a copy for you to pick up in the foyer.

INCOME TAX CLINIC – There will be a free tax clinic, run by volunteers, at the Hampton Resource Centre (31 Demille Court, Hampton) on **Tuesdays from 9:00 a.m. until noon starting March 19th**. No appointment necessary; first come first served. This clinic is for people with modest income and a simple tax situation.

MILESTONE: Please join me in congratulating Ann and Stewart Galloway on their 59th wedding anniversary!

Be safe

Wendy McGee,

Parish Secretary,

BLESSED TRINITY PARISH

(506) 832-3327 or stalphonusparish@nb.aibn.com